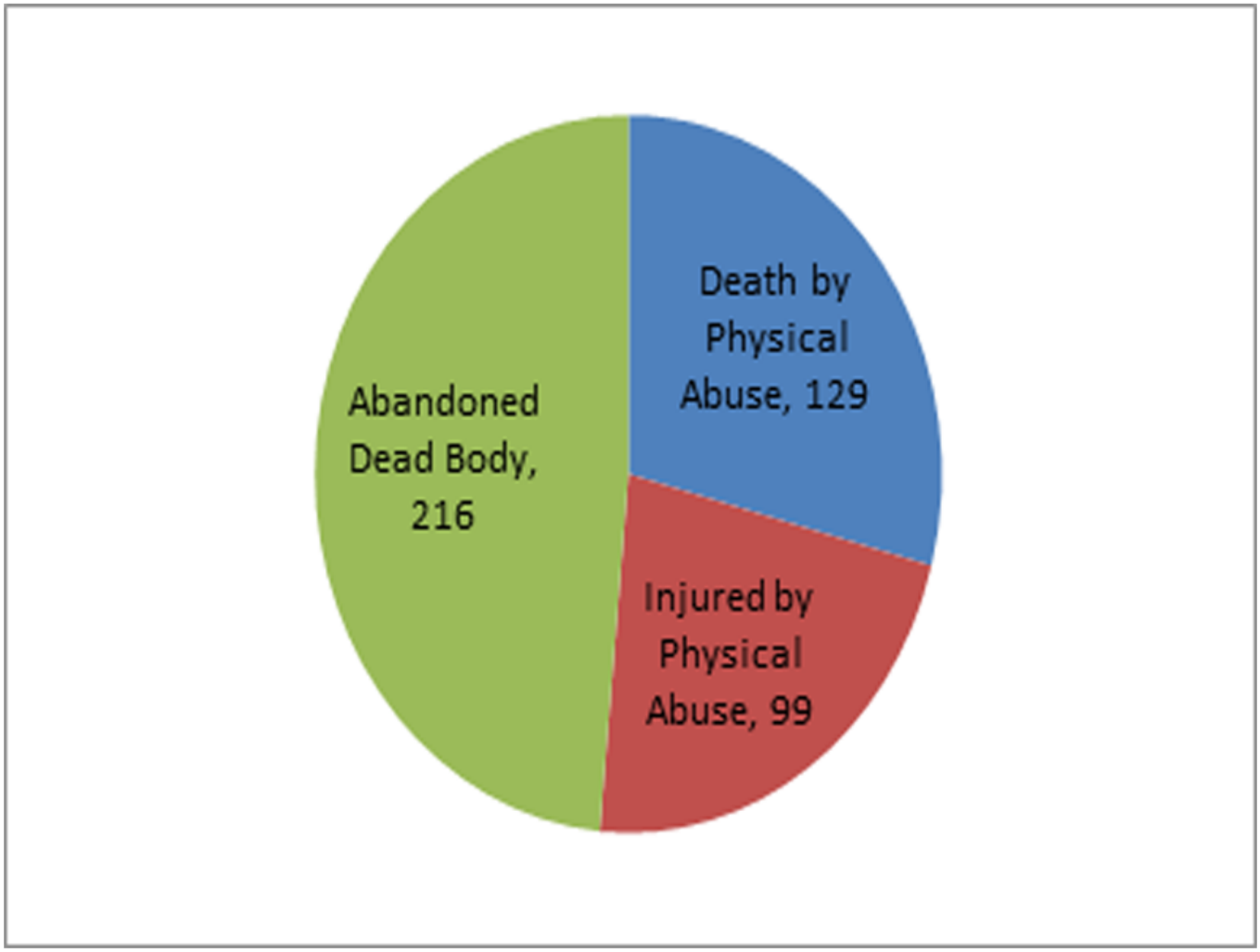
Year Book of Senior Citizens of Nepal 2015

Elder Abuse Cases and Consequences from 2012 to 2014



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YEAR BOOK OF SENIOR CITIZENS NEPAL- 2015

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Message from the Chairperson

I am pleased that finally we have the third issue of Year Book of senior citizens. Absence of disintegrated data on the concerns of ageing population has been the major bottleneck for policy makers, academia and the practitioners alike for long. Ageing Nepal has been able to contribute towards filling this ever existing gap with the kind support and guidance from all our colleagues.

Numbers presented in this book are important not for their accuracy of counting but as indicators of the magnitude of concerns of Nepali society, represented by media and police reports of year 2014. I take this opportunity to thank Mr. Bhumidatta Poudal and Ms. Sanju T. Magar for their hard work in bringing out this book.

I look forward to receiving comments and suggestions by users of this data set so that we could further serve with better disintegrated time series data on senior citizens of Nepal.

Krishna M. Gautam
Founder Chairperson
Ageing Nepal
Februray 2015

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Acronyms

ADA	Age Demand Action
AN	Ageing Nepal
APF	Asia-Pacific Forum of National Human Rights Institutions
CSOs	Civil Society Organizations
CIN	Community Information Network
DDC	District Development Committee
DHERSEC	Disable, helpless, rehabilitation and service center
FM	Frequency Modulation
IDDR	International Day for Disaster Reduction
IDOP	International Day of Older Persons
INGO	International non-government organization
INPEA	International Network for Prevention of Elder Abuse
KMC	Kathmandu Model College
MoHP	Ministry of Health and Population
MoWCSW	Ministry of Women, Children and Social Welfare
NASCIF:	National Senior Citizens Federation
NEPAN	Nepal Participatory Action Network
NGO	Non-Government Organization
NHRC	National Human Rights Commission

NIC	National Integrated College
OAA	Old Age Allowance
OAH	Old Age Home
OEWG	Open Ended Working Group
OPAs	Older People's Associations
SSA	Social Security Allowance
SWC	Social Welfare Council
UN	United Nation
UN ESCAP	United Nations Economic and Social Commission for Asia and Pacific
VDC	Village District Committee
WAM	World Alzheimer's Month
WEAAD	World Elder Abuse Awareness Day

Chapter I
AGEING NEPAL

INTRODUCTION

A group of Nepali social workers with varied professional background got committed to the cause of the ageing population and together established **AGEING NEPAL (AN)** inAugust2011.

Ageing Nepal is a not-for-profit Non-Government Organization (NGO) registered with the government of Nepal and is also affiliated to Social Welfare Council (SWC). Ageing Nepal is a member based organization operated by trustees, member's representatives and professionals. It draws on its wide network of members and professionals in and out of the country for accomplishment of a task with high degree of professionalism.

Objectives

- To link ageing population and societal development by treating ageing as an opportunity for development,
- To establish sustainable system of social protection to guard against poverty in old age,
- To promote healthy, active and productive ageing through promotion of volunteerism among elders in particular,
- To meet the growing demands for access to quality health care,including long-term care for the elderly,
- To promote age friendly environment,
- To work with the government and other national and international organizations for the promotion of elders' wellbeing.

Mission

- Empowerment of elders and promotion of their rights,
- Generate research based information to help policy makers and planners,
- Produce trained human resources in the field of Gerontology and Geriatrics,
- Take proactive measures against abuse and exploitation of elders,
- Work as watchdog to safeguard the interests of ageing population.

Vision

With a life time of hard work, senior citizens of today deserve a dignified and cared for old age, not as a charity from the younger generation but as the right of their own. As elders are the living

history of a society, it is important to utilize their knowledge, skills and experience for socio-economic development. Today's youth should be able to plan for their happy old age and today's elders should get a dignified and cared for life. It is the vision of Ageing Nepal that elders of Nepal will have such environment with facilities and services to suit their personal need, capacity and the taste.

Major Areas of Work

Awareness building: Ageing: Nepal publishes and disseminates materials form as awareness building. It also works with state and private media; and also social and professional groups.

Consultancy services: The available expertise and its large network of professionals make Ageing Nepal a suitable organization for developing concept papers, project proposals, conduction of research, survey, workshop/seminar, policy formulation, programme/project planning, implementation, monitoring, evaluation and other such activities for scientific investigation that are related to ageing population and their wellbeing.

Human Resource Development: Ageing Nepal is poised to provide training for different groups namely health workers, teachers, old age home managers, caregivers and other interest groups. Ageing Nepal works with academic institutions to promote research and teaching on ageing issues.

Ongoing Regular Activities

- Publication of monthly e-newsletter ***Voice of Senior Citizens***.
- Publication of bi-monthly Nepali magazine ***Jyestha Nagarik***.
- Collaboration with academic institutions in and outside Nepal.
- Use of print and electronic media for awareness building.
- Working with Nepal Government and collaboration with I/NGOs and OPAs.
- Publication of awareness building materials, development of training manuals and conduct training.
- Observance of international day of importance such as World ElderAbuse Awareness Day (WEAAD), World Alzheimer's Day, and International Day of Older Persons (IDOP) etc.

Major Achievements in last four years

Ageing Nepal is thankful to the government organizations, its members and hardworking professionals who made it possible for Ageing Nepal to achieve the following:

In the year 2011

a. Publication of monthly e-newsletter "**Voice of Senior Citizens"**.
b. Published " Briddhoupanishad" (Upanishad for Senior Citizens) in Sanskrit with translation in Nepali and English.
c. Publication of different advocacy materials such as banners, pamphlets, stickers, placards, brochures, booklets, and so on.
d. Organized TV and radio/FM talk shows.
e. Published articles in national dailies, magazines and internet blogs.
f. Participated in Help Age International South Asia Network Partners RegionalConference in Sri Lanka.

In the year 2012

a. Continuation of monthly e-newsletter "**Voice of Senior Citizens"** that is appreciatively received by more than four thousand concerned organizations and individuals across the globe. Voice of Senior Citizens is the only window available for English readers to get periodic news on the elderly of Nepal.
b. Completion of student thesis, "Effects of Migrants on Wellbeing of Ageing Population in Rural Nepal".
c. Publication of New Year calendar containing motivational message of senior citizens in Nepal in collaboration with HelpAge International Nepal and Nepal Participatory Action Network (NEPAN).
d. Participation in capacity building workshop to support National Policy.
e. Responses to issues of ageing in Asia and Pacific held in Bangkok, Thailand.
f. Publication of training manual for health workers concerning care of elderly in collaboration with Ministry of Health and Population (MoHP).
g. Commemorated WEAAD in collaboration with government, International Network for Prevention of Elder Abuse (INPEA) and national NGOs.
    - Conducted orientation/sensitization programmes concerning elder abuse and population ageing in different colleges of Kathmandu Valley. 223 undergraduate students of five colleges were sensitized.
    - Most of the Kathmandu population was reached with stickers, pamphlets, posters and booklets with messages on elder abuse.
    - 90% of Nepal population was reached with talk show, interview, dramas and songs regarding elder abuse and neglect of older people through national Radios (Nepal Radio, Sagarmatha FM, and Capital FM) and TVs (NTV and Sagarmatha TV).
    - Publication of article regarding elder abuse and neglect of older people in national dailies i.e. Gorkhapatra, Annapurna Post and Republica.
    - Produced soft copy of Collection of Student Essays on Elder Abuse.

- Many Civil Society Organizations (CSOs) like NEPAN, Sankalpa Nepal, Human Rights Alliance and National Senior Citizens Federation including National Human Rights Commission and Ministry of Women, Children and Social Welfare got committed to observe WEAAD at national level.

h. Supported the thesis of two master's level student of University of Sheffield, concerning nutrition and depression among the elderly of Pharping area.
i. Started publication of 50 pages bimonthly magazine **"Jyestha Nagarik"** in Nepali with support from HelpAge International Nepal. This is the first and the only magazine of Nepal on ageing issues in national language.
j. Celebration of the First National Festival of Senior Citizens on October 1, 2012 in coordination with Man Mohan Memorial Foundation, NEPAN and HelpAge International Nepal.
k. Provided internship opportunity for students from Thames Int'l College, K&K Int'l College, Kathmandu Model College (KMC), National Integrated College (NIC), Kadambari Memorial College, Bright Vision Int'l College and Mega College.
l. Observed 64th World Human Rights Day with National Human Rights Commission (NHRC) and many other concernedorganizationson10thDecember.
m. Publication of the first ever data bank, Year Book of Senior Citizens Nepal-2012.

In the 2013

a. Continuation of publishing 50 pages bimonthly magazine "**Jyestha Nagarik**".
b. Developed survey tools for Nepal Ageing Survey, 2013
c. Played vital role in making government to decide to include ageing issues (gerontology) in the curriculum of secondary level.
d. Organized study tour for senior government official from Bhutan. (e) Organized study tour for Aberdeen Rotractors.
e. Collaborated with GRAVIS, India for a regional study on Health Status of Older People in Nepal, India, Pakistan, Sri Lanka and Bangladesh,
f. Partnership with HelpAge International Nepal in different programs,
g. Organized 5 days long Memory Training: Enhancing Memory Power in Old Age in collaboration Czech Society for Memory Training and Brain Jogging and European Federation of Older People (EURAG)
h. Successfully run the ADA for Rights 2013 campaign throughout the month of June with support from HelpAge International Nepal. Following are the achievement of the campaign:
   - 45,586 signatures collected in the Petition Form by 28th of June 2013.
   - Quotes from 11 well known leaders from different facets of Nepali society were video recorded who spoke in support of ADA campaign for strengthening the rights of older people through UN Convention.

- Written quotes from 9 ADA leaders currently working on ageing issues in Nepal were obtained.
- 100,000 copies of pamphlets were distributed throughout the country. Assuming that at least 50%of the recipients read one of the pamphlets handed out to them, it can be said that at least 50,000people of Nepal are now aware of the objectives of ADA campaign for rights 2013and importance of UN convention for strengthening the rights of older people.
- 5,000 copies of A D A stickers were produced and distributed throughout the country.
- 50copies of ADA banners were produced and placed in various public places for public awareness.
- Telecasting of talks shows by 4 different National TV stations, with potential of reaching out to 90%of the total population of Nepal, with the central theme of "Strengthening the Rights of Older Persons through UN Convention".
- Broadcasting of talk shows by 3 different National FM radios on ADA campaign for Rights 2013.
- 30,000 people were reached twice with the objectives ADA campaign for Rights 2013 through the state print vernacular media, Gorkhapatra daily.
- 15,000 people were reached thrice with the message about importance of ADA campaign for Rights 2013 through state owned English print media, The Rising Nepal daily.
- 12,000 people were reached with the central theme of strengthening the rights of older people through UN convention via Samacharpatra daily, a Nepali language private print media.
- More than 15,000 people were reached with the message of ADA for Rights campaign 2013 through Annapurna Post daily.
- Coordination and collaboration with Rotary International and scout.
- More than 30 organizations including Ministry of Women, Children and Social Welfare (MoWCSW), and National Human Rights Commission (NHRC) were coordination and collaboration.
- 12 academic institutions such as schools and colleges were involved in ADA campaign.
- More than 500 volunteers including students, social workers, OAHs staffs and residents were mobilized.
- 11 districts of Nepal, namely, Kathmandu, Lalitpur, Bhaktapur, Kavre, Dang, Ramechhap, Baglung, Syangja, Dhading, Gorkha and Chitwan were focused for signature campaign.
- More than 1,000 people were distributed WEAAD ribbons.

i. Participated in 4th session of UN Open Ended Working Group (OEWG) on Ageing as representative of NGOs working for wellbeing of ageing population in Nepal.

j. Coordinated with NTV and Radio Nepal to run a regular programme on different concerns of ageing population.

k. Successfully observed World Alzheimer's Month. Following are the achievements:
   - 30,000 people reached with the message of World Alzheimer's Month (WAM) via state print media Gorkhapatra daily,
   - 15,000 people were reached with important information regarding Alzheimer's disease and other forms of Dementia,
   - 80% of Nepal's population were reached with the information on WAM through Radio Nepal,
   - 50% of Nepal's population reached with message of WAM through Sagarmatha TV,
   - At least 50% of Nepal's population reached with important message regarding Alzheimer disease and WAM via Image Channel TV,
   - At least272youngstudentswereorientedonAlzheimer'sdisease and WAM,
   - At least 357 social worker/community leaders were reached with the message on WAM and Alzheimer's disease,
   - 30 national poets were oriented on Alzheimer's disease and WAM,
   - 457 health workers/nursing students received special training on Alzheimer/Dementia,
   - 4,500 individuals/organizations/institutions across the globe reached with the message on Alzheimer and WAM through Voice of Senior Citizens,
   - At least 2,000 people were reached with message on Alzheimer's disease through pamphlets/leaflets/balloons,
   - 2,000 individuals/organizations/institutions were reached with valuable information regarding Alzheimer's disease and WAM through **Jyestha Nagarik magazine**.

l. Observance of 23rd International Day of Older persons. Following are the achievements:
   - Organized an Inter-Generation Tea Party to mark the International Day of Older Person, 2013, October 1.
   - A short video on the ongoing struggle of older persons for their Rights was released. http://www.youtube.com/watch?v=xnkSW4FvzEo
   - First anniversary of Jyestha Nagarik Magazine.
   - Release country report of world Alzheimer month. http://www.ageingnepal.org.np/images/alzheimers_report2013.pdf
   - Released slideon Status of Older Persons in Nepal, http://www.ageingnepal.org.np/images/oldpeopleinnepal.pdf
   - Released memory training manual, http://www.ageingnepal.org.np/images/memory_training_manual.pdf

- TV talks shows in two national televisions, namely, Nepal 1 TV and News 24 TV. It is estimated that about two hundred thousand Nepalese were reached with the message of IDOP 2013 through these TV stations.
- Talk program in four different radio/FM, namely, Sagarmatha Radio, Image News FM, Mero FM and Community Information Network (CIN) radio. It is estimated that at least 50% of Nepal population were reached with the message of IDOP 2013 through these radio/FM stations.

m. Successfully included issues of ageing population in the manifestoes of major political parties participating in the CA election 2013.

n. Released a video titled "**A City Not for Old People"** http://www.youtube.com/watch?v=LSladokBVZA .The video depicts the plight of an elderly in Kathmandu city.

o. Released a video on the human rights of older people to mark International Human Rights Day December10, 2013. http://www.youtube.com/watch?v=kl5C71lgF2A.

p. Futsal Tournament as a fund raising event was organized by young Non-Residential Nepali group, Nepcity Ballers in Melbourne, Australia. The collected fund was donated to Ageing Nepal.

q. Inclusion of ageing issues in the curriculums of grade 1, 4 and 5 of the private primary schools in Nepal.
   - Chapter titled, "Respect for Elders" has been included in the Curriculum of grade1.
   - Chapters titled, "Senior Citizens", "Decent People" and "Grandfather's Tricks" has been included in the curriculum of grade 4.
   - Chapter titled, "Respecting Aged" has been included in the curriculum of grade5.

r. Inclusion of ageing issues in the curriculum of master level sociology subject.

In the year 2014

a. Continuation of 50 page bimonthly magazine "**Jyestha Nagarik**",
b. Continuation of monthly e-newsletter "Voice of Senior Citizens",
c. Continuation of partnership with HelpAge International Nepal,
d. Established BKS Elderly Empowerment Fund with Rs. One million donated by Mr. Bihari Krishna Shrestha,
e. Upgraded Source Book Of Senior Citizens for Ministry of Health and Population (MoHP),
f. Internship opportunity for social work students,
g. Production of awareness building videos, http://www.youtube.com/channel/UCLMAw-4844Og9KenQZQfHeQ,
h. Sensitizing general public through social networking sites, such as Facebook and Twitter.
i. Publication of Year Book of Senior Citizens 2014.

j. Prepared training manual for trainers on management of elderly citizens with financial support from Ministry of Health and Population.
k. Observed WEAAD 2014 with the following activities:
    - Publication of pamphlet with data on reported cases of elder abuse from January 2012 – April 2014 on the observance of WEAAD 2014.
    - Radio and TV talk shows.
    - Publication of article in national daily.
l. Publication of data book, Ageing Scenario in Nepal: From Policy to Development with financial support from HelpAge International Nepal.
m. Publication of Alzheimer's month special edition of Jyestha Nagarik bi-monthly magazine.
n. Production and distribution of IEC materials (pamphlet, poster, sticker, etc.) with central message on World Alzheimer's Month 2014 in collaboration with local NGOs and GOOD Deeds (a Russia based NGO working for older persons).
o. Observed 24th International Day of Older Persons (IDOP) with rage of awareness building programmes/events together with HelpAge International Nepal and other local organizations.
p. Observed International Day for Disaster Reduction (IDDR) in collaboration with HelpAge International Nepal, DP Net Nepal and other civil societies working on disaster risk reduction.
q. Represented NGOs working for older persons in Nepal in the regional workshop (Workshop on Social Integration and Rights of Older Persons in the Asia-Pacific Region) held at UNESCAP, Bangkok, Thailand.
r. Involvement in Nepal Ageing Survey of Ministry of Health and Population.
s. Collaborated with University of North Dakota, USA for the student internship programme on social gerontology.
t. Student orientation and research supervision and
u. Successfully Completed Age Demands Action (ADA) campaign training with support from HelpAge International Nepal.

Chapter II

ACTIVITIES FOR AND BY SENIOR CITIZENS IN 2014

INTRODUCTION

This report in essence is the summary of 12 issues of Voice of Senior Citizens (VoSC) e-published in 2014. The monthly report "Voice of Senior Citizens" categorized published news according to their nature. In this book also the data are presented according to its categorization. VoSC complied the information published in major National dailies (Kantipur daily, Annapurna Post, GorkhaPatra, and Samacharpatra), The Himalayan Times, English Dailies and the news broadcasted in Nepal's Digital newspaper (Setopati and Online Khabar) during January to December 2014 about senior citizens of Nepal. It is enriched with information from police reports, concerned agencies, individuals and reporters of Ageing Nepal. Collected news and views are processed in terms of avoiding duplication, summarizing and categorizing of the information. All published information is included in this book.

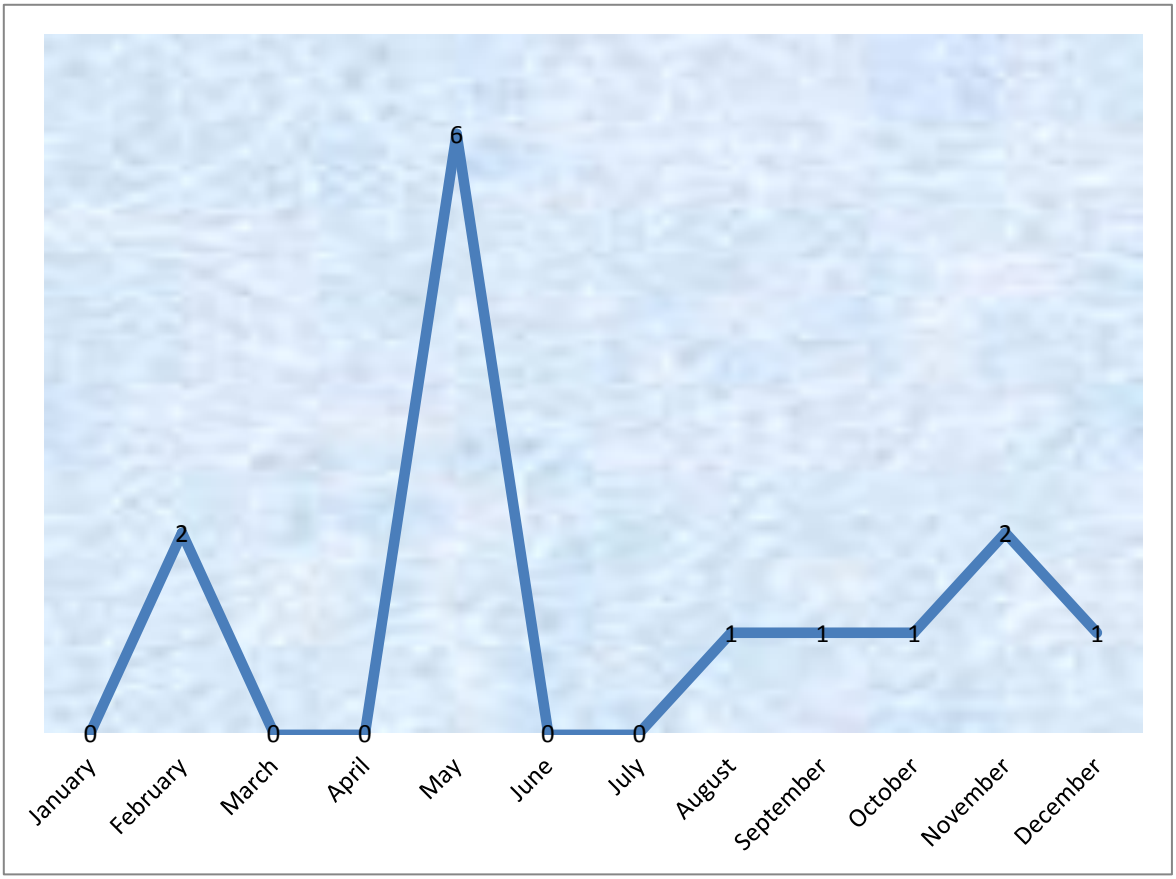
We hope that the social workers, academics, policy and programme formulators and anyone interested on issues of ageing population of Nepal will find this report useful to their work.

1. DEVELOPMENT / ADVOCACY

"Development/Advocacy" section includes programmes/events organized throughout 2014 in serving the concerns of ageing population. Some of the landmarks are:

- The Government issued directives for establishment and operation of geriatric wards. The government has allocated resources for the establishment and operation of Geriatric Wards in some hospitals.
- Mr. Bihari Krishna Shrestha donated a sum of Rs. 1 million to Ageing Nepal for the establishment of BKS Elderly Empowerment Fund.
- Nepal Ageing Survey started.
- Organized a rally in the Kathmandu Valley to mark 24th International **Day of Older Persons** (IDOP).
- "**The National Conference of Senior Citizens**" was organized in Chitwan.

Figure 1: Monthly Distribution of Programmes Organized in 2014



Source: Annex table, 1

A total of fourteen programmes were organized across the country by civil societies, governmental bodies and individuals. Majority of such programmes were organized by NGOs and civil societies, and were concentrated in Kathmandu. Details are available in Annex table1.

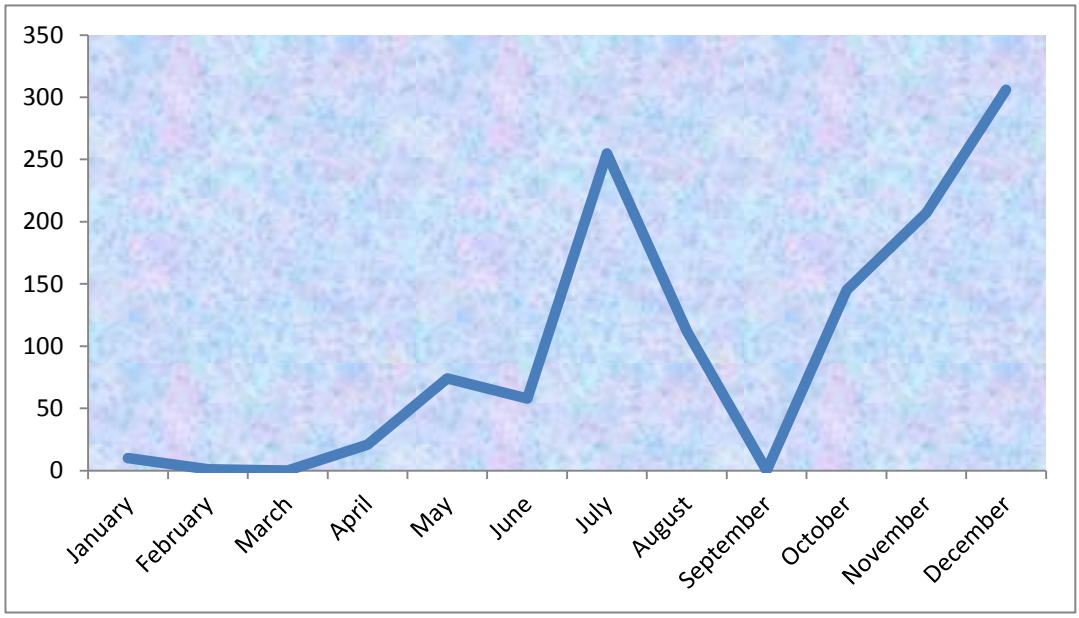
2. SOCIAL SUPPORT

"Social Support" includes programmes/efforts organized to establish new shelter homes (i.e. OAH and Day Care Center) for senior citizens and to support residents of OAH as well as non-residents. Likewise it also includes the felicitation programmes.

a) Felicitation

Altogether twenty two programmes were organized throughout 2014to felicitate more than 1100 senior citizens across the country.

Figure2: Monthly Distribution of Felicitating Senior Citizens in 2014



Source: Annex table, 2

It is observed that more number of senior citizens were felicitated in the months of July (250) and December (300), respectively.

b) Support provided

A total of forty nine programmes were organized in 2014 to support residents of OAHs as well as non-residents.

- 30 programmes were organized to support OAHs.
- 16 programmes were organised to support destitute older individual/couple

Details given in Annex.

Besides these various other programmes were organized to support senior citizens and OAH.

- Mahayajna (a ritual) was organized by a civil society organization of Gorkha to support the senior citizens and orphan children.
- Brinda Maya Gurung of Itahari was honored with a cash prize of Rs. 10,000 for taking care of her widow mother in law.

Old age homes and day care centers

Altogether eight programmes/efforts were organised to establish old age homes in 2014. Details given in Annex table 4.

3. SOCIAL SECURITY

A total of twenty one news related to Old Age Allowance has been reported. Details are as follows:

- 7news were related to forgery and misuse of the fund by the VDC.
- 5news were about difficulties faced by the senior citizens in collecting OAA from the bank.
- 3 news were about senior citizens who did not get their OAA and insufficient allocation of budget for social security allowance.
- 3 news were about senior citizens unable to enjoy their entitlement due to the negligence of VDC secretaries.
- There was one news about the irregularity in the distribution of Social Security Allowance for the older person.
- The news published in November revealed that the VDC of Jajarkot distributed allowance amount in the name of death people.
- Some news were about monitoring of SSA distribution by DDC.

Details given in Annex table 5.

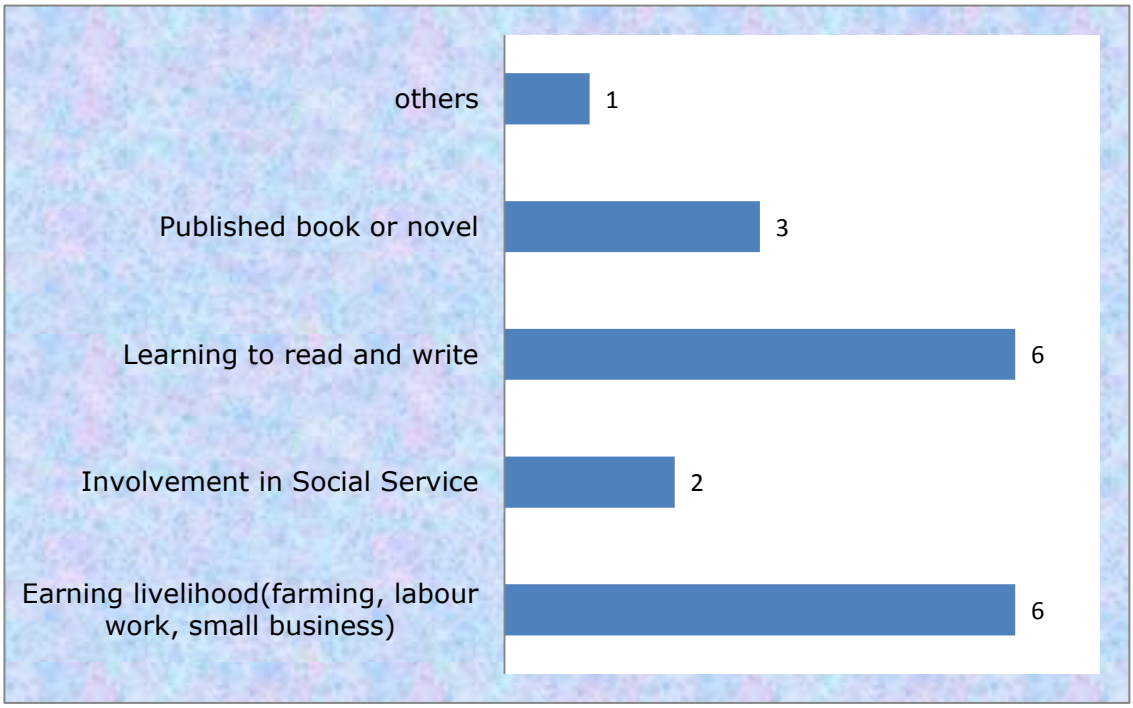
4. ELDERLY IN DEVELOPMENT

Altogether six news were about contributions made by the senior citizens for societal development. Most of the contributions made were of financial donation. In one case the elderly donated land and other properties for other needy people. Details are given in Annex table 6.

5. ACTIVE AGEING

Total eighteen news related to senior citizens being active in their personal and social life were reported in 2014.

Figure 3: Elderly Active in their Personal/Social Life in 2014



Source: Annex table, 7

- 6 news were about senior citizens earning their livelihood through informal sector such as, farming, labour work and business.
- 2 news were about senior citizens' active involvement in social services, teaching, singing, dancing, poetry and other creative works.
- 6news were about senior citizens learning to read and write at the old age.
- Senior Citizens of Namsaling in Ilam district have engaged themselves in income generating activities by forming an association of older persons. (May 12)
- JyesthaNagarikSammanPratisthan (a trust) in Damak-10 is involving senior citizens in recreational activities. (August 7)

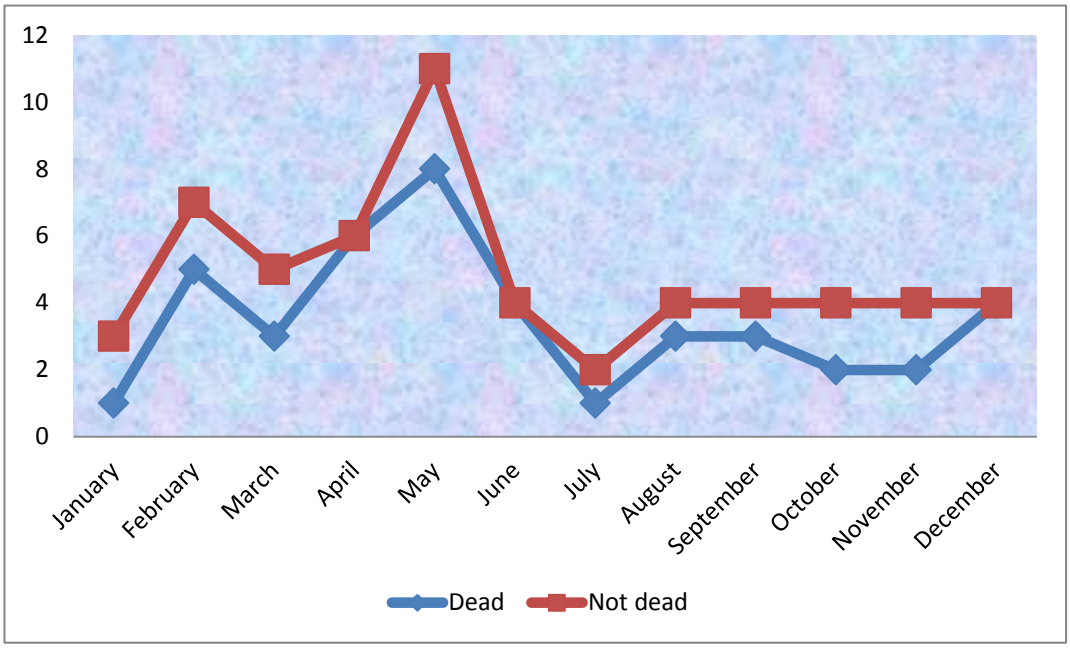
Compared to data of 2013, less news were published about the activeness of senior citizens in 2014. Details are given in Annex, table 7.

6. RIGHTS

Lack of legal papers, particularly the Citizenship Certificate has been one of the major problems for the elderly to collect entitled OAA. A total of five news on the Rights to Citizenship Certificate were reported in 2014. Minimum age of the recipient was 76 years, while maximum was 105 years. Details given in Annex table 6.

7. ELDER ABUSE

Figure 4: Monthly Distribution of Physical Abuse Faced by Elderly in 2014



Source: Annex table, 8

Altogether 58 news and police reports were on physical abuse of older persons. It shows that on an average 5 older people face physical abuse per month of which 72% die.

i. PHYSICAL ABUSE

Death of senior citizens due to physical abuse

Altogether 42 senior citizens were physically abused that finally led to their death.

- 19 of the victims were female and 23 were male.
- Average age of female victim was 91 years. The corresponding figure for male was 80 years.
- In 21 of the reported cases, abusers were elderly's family members
- Root causes for most of the cases were family or personal affairs/disputes.

Compared to data of 2013, elder abuse cases were increased.

Senior citizens who survived physical abuse

Altogether sixteen cases were reported about the senior citizens who were survived

- Total victims were 16 (12 female + 4 male).
- Average age of female victim was 80 years. The corresponding figure for male was 74 years.

ii. FINANCIAL ABUSE

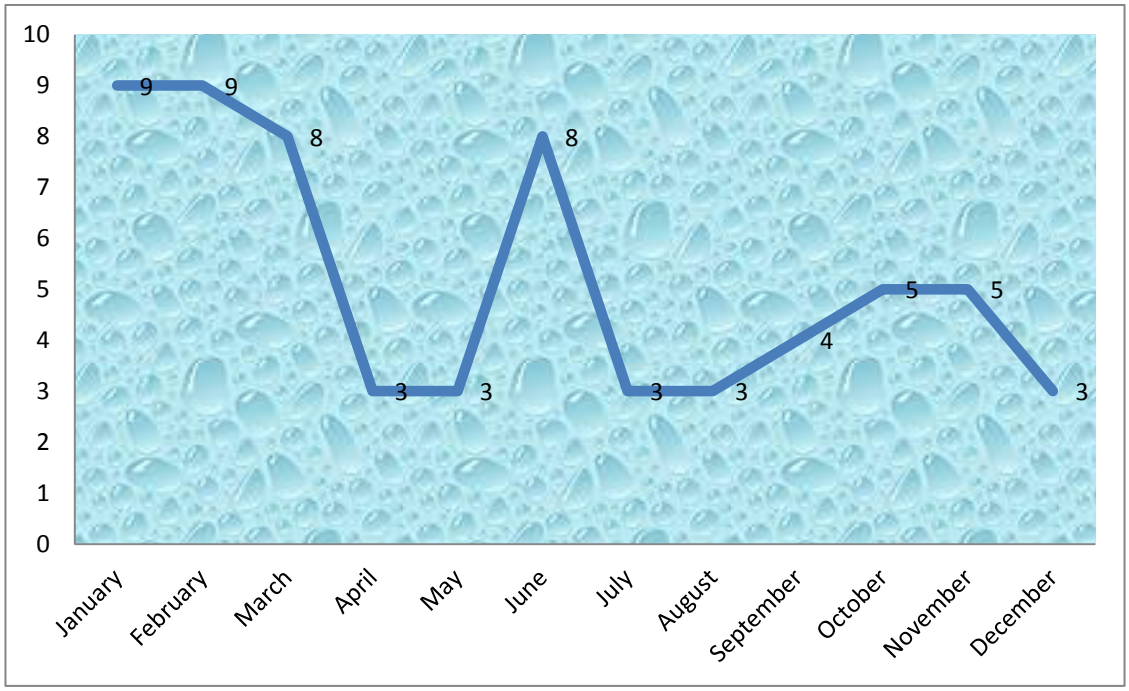
Altogether twelve news were reported on burglary from different parts of the country throughout 2014.

- 7 victims were male, while 5 were female.
- Average age of male victim was 80 years. The corresponding figure for female was 73 years.

Details given in Annex table 11

8. NEGLECT

Figure 5: Monthly Distribution of Abandoned Dead Bodies Found in 2014



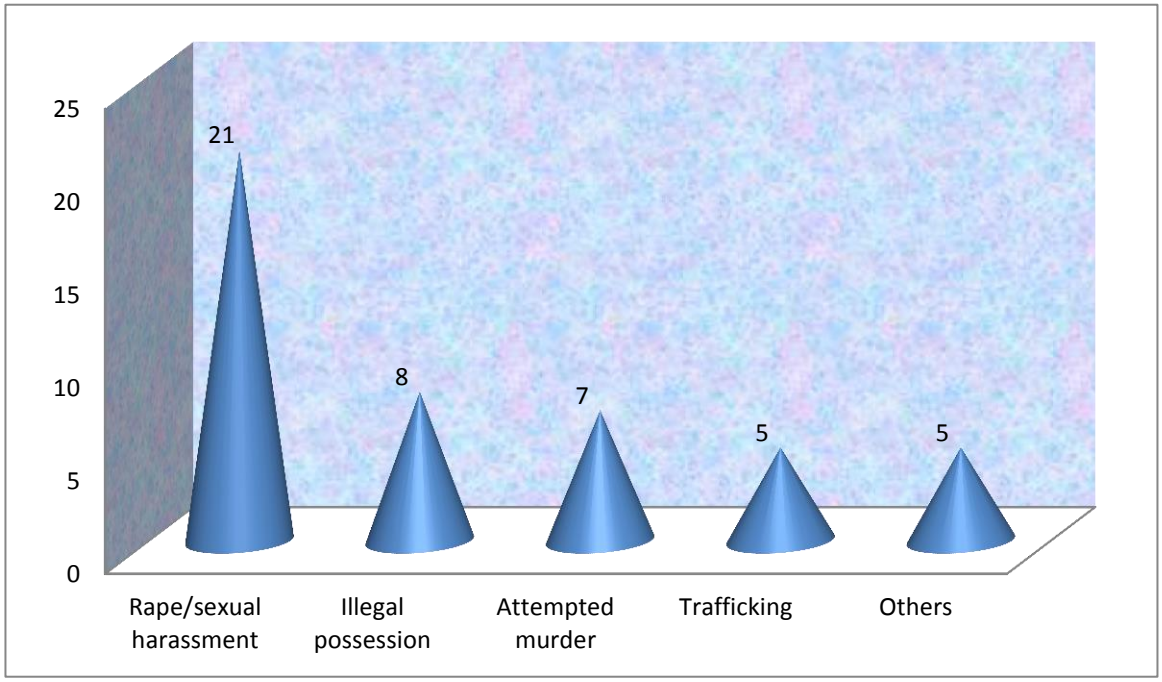
Source: Annex table, 12

A total of sixty two abandoned dead bodies of senior citizens were found in different parts of the country throughout 2014.

- 42 were male and 20 were female.
- Average age of male and female who met unattended death was 88 and 87 years, respectively.

9. ELDERS IN CRIME

Figure 6: Elderly Involved in Various Forms of Unlawful Activities in 2014



Source: Annex table, 13

A total of forty Six cases were reported in 2014 where senior citizens were found involved in unlawful doings.

- Most (45) of the senior citizens involved in illegal activities were male.
- 21 senior citizens held for rape/sexual harassment.
- 8 senior citizens were held for illegal possessions of guns or animal skins.
- 7 senior citizens held for attempted murder.
- 5 elderly held for drug abuse/trafficking.

Compared to the data of 2013, the number of elderly involved in sexual harassment/ rape increased whereas involvements in other criminal activities were decreased.

10. CLIMATE AND SENIOR CITIZENS

Twenty one senior citizens were found dead in different parts of the country due to freezing cold in January, February and December 2014. Most incidents took place in Terai region. Details given in Annex table,14

RESEARCH AND LITERATURE

A total of two books concerning population ageing were published in the year 2014. Details are available in the following table.

SN	Name of Publication	Types of Publication	Auther/Publisher
1.	Ageing Scenario in Nepal: From Policy To Development http://www.ageingnepal.org/wp-content/uploads/2014/10/Ageing-Scenario-in-Nepal.pdf	Books	HelpAge International Nepal and Ageing Nepal
2.	Bardhakya Jeevenboodh	Books	Mr. Shastra Dutta Pant (Ph.D)

REFERENCE

AN. (2014). *Voice of Senior Citizens (VoSC)*. Kathmandu: Ageing Nepal. Vol. 1 to 12 (January to December 12 copies).

AN. (2015). *Profile 2011 to 2014*. Kathmandu: Ageing Nepal
http://www.ageingnepal.org/

Annex

A. DEVELOPMENT/ADVOCACY

Table1: No. of programs organized in 2014 to support the cause (other than felicitation program, support to OAHs and senior citizens)

S.N.	Organizer (individual/ organization)	Where	What	When	Month
1.	Individual	Kathmandu	Established elderly empowerment fund.	1	February
2.	NEPAN and WHR	Kathmandu	The project OCA implemented	27	
3.	MoHP	Kathmandu	Source Book for Training Updated & Training Manual Prepared	14	May
4.	CharumitraChutari Club	Chabahil	Interaction with senior citizens	21	
5.	Ageing Nepal	Kathmandu	Ageing Fellowship Fund established	24	
6.	MoHP	Kathmandu	Carried out nationwide "Nepal Ageing Survey".	26	
7.	UN ESCAP and APF	Bangkok, Thailand	Organized workshop on the social integration and the rights of older person on the Asia-pacific region	16	
8.	MoWCSW and NASCIF	Kathmandu	Observed 24th IDOP	30	
9.	NA	Chitwan	Organized national conference of Senior Citizens	16	August
10.	NA	Kathmandu	Organized meeting of central monitoring committee	2	September
11.	HAI and Ageing Nepal	Kathmandu	Organized two days ADA campaign and advocacy training	17	October
12.		Chitwan	Organized National Conference of Senior Citizens	2	November
13.		Kathmandu	Organized meeting of Central monitoring committee	17	
14.	HAI and Ageing Nepal	Kathmandu	Organized two days ADA campaign and advocacy training	18	December

Note: No news was reported in the months of January, March, April, June and July.

B. SOCIAL SUPPORT

Table2: No. of programmes organized to felicitate senior citizen in 2014.

S.N.	No. of elderly	Age group	Gender	By whom	Where	When	Month
1.	10	60+	NA	VDC	Kohalpur, Banke	10	January
2.	NA	60+	NA	Nepal Cancer Disease Alleviation Institute	Phidim, Panchthar	11	February
3.	1	100	M	Community	Pokhara	27	
4.	21	60+	NA	Local Youth	Hetuada	10	April
5.	20	60 +	NA	Government (Khaskushma VDC office)	Banke	1	May
6.	NA	80+	NA	Government (Kathmandu Metropolitan City)	Kathmandu	7	
7.	4	60+	NA	Civil society (Nepal Senior Citizens Society)	Kathmandu	16	
8.	1			Dr. RajendaaBimalPratisthan	Dhanusha	21	
9.	50	60+	NA	Government (Chhang VDC office)	Damauli	31	
10.	40	60 +	NA	District Health Office, Nuwakot	Nuwakot	12	June
11.	18	60+	NA	Community	Kabilas VDC, Nuwakot	17	
12.	133	60+	NA	District health office	Bajura	11	July
13.	80	60+	NA	District health office	Bajura	12	
14.	42	79+	NA	Shivagadhi VDC	Kapilvastu	17	

15.	3	90+	F	Social Club	Kathmandu	6	August
16.	4	60+	F	Community	Butwal	15	
17.	105	60+	F	Civil Society	Kuleshwor, Kathmandu	25	
18.	5	85+	Both	District senior citizen organization	Rajbiraj	1	October
19.	140	60+	Both	Civil Organization	Lalitpur	23	
20.	200	60+	Both	Chambers of commerce and industry	Phidim,Panchthar	8	November
21.	7	80+	Both	ThapathaliJanakalyanPariwar	Kathmandu	16	
22.	6	60+	Both	Senior citizens Association	Taplejung	2	December
23.	300	77+	Both	Community	Lalitpur	7	

Note: No news was reported in the month of March and September.

Table 3: No.of programmes organised to support OAHs and elderly in 2014

S.N.	Beneficiary		Address	By whom	What	When	Month
	OAH	Non- residents					
1.	-	Elderly of ThuptenChholing Monastery	Solukhumbhu	Civil Society	Blankets	1	January
2.	OAH	-	Mahendranagar	A religious organization	Food and fruits	6	
3.	-	Elderly with cataract	Udayapur	Eye Hospital	Organized free cataract surgery	11	
4.	-	Destitute elderly	Bajura	Volunteer students	Donated warm clothes	13	
5.	Matatirtha OAH	-	Kathmandu	Social service organizatios	Food materials	19	
6.	SriddhomaJagat OAH		Bhaktapur	Community	Cash	20	
7.	Devghat OAH	-	Devghat	Civil society	Distributed blankets and kitchen items	21	
8.	-	Destitute elderly	Siraha	Government	Distributed blankets	29	
9.	-	Destitute elderly	Makwanpur	Government	House provided	29	
10.	Pashupati OAH	-	Kathmandu	APF Family-women association	Organized free health camp and distributes warms clothes	30	
11.	Pabitra OAH	-	Parasi, Nawalparasi	Armed Police Force Parasi	Consumable items (rice, sugar and tea leaves)	3	February
12.	-	Destitute senior citizens	Sunsari	Civil society (NGO, calamity rescue committee and local risk reduction committee)	Clothes i.e., Blankets	6	
13.	Pokhara OAH	-	Pokhara, Kaski	Generous couple	Food, clothes, utensils and Nrs 11,000 cash	26	
14.	ManakamanaSany	-	Sankhuwasabha	Local	Cash (Rs.	8	

	as Ashram (OAH)				300,000)		April
15.	Om OAH	-	Hetuada	Individual	Food and cash	12	
16.	Pashupati OAH	-	Kathmandu	Gems School	Cash (Rs. 100,000)	1	May
17.	Devghat OAH	-	Devghat	Generous couple	Provide meal	2	
18.	Rudrabeni OAH	-		NRN South Korea	Monetary support (Rs. 500,000)	8	
19.	Ageing Nepal	-	Dhanusha	Shree SaraswatiRajnarayanPrathisthan	Cash Rs.10 million	21	
20.	Mai Bhagawati OAH	-	Illam	Illam Society UK	Daily use items	12	
21.	Om OAH	-	Gorkha	Lions Club Hetauda	Organized religious tour	16	
22.	Om OAH	-	Hetauda	Civil society	Food and fruits	26	
23.	PadamBhuwaneshwori OAH	-	Sarlahi	Armed Police Force Hariwan	Food and cash	24	
24.	-	Five eldery	Bharatpur	ManavSewa Ashram	Rescued from hospital	26	
25.	-	-	Kathmandu	The Department of Public Health and Social Development	Acupuncture Health Camp	24	June
26.	Karuna Ashram	-	Bhaktapur	Social club	Cash (Rs 20,000)	1	September
27.	Bedbyas Old Age Home	-	Damauli, Tanahu	Migrant workers in Qatar	Cash (Rs 20,000)	6	
28.	-	Local elderly	Bharatpur	AnandBisharmChautari	Food, blanket and slipper	7	October
29.	-	Elderly of Lalitpur	Lalitpur	Civil society	Free eye camp	14	
30.	Modibeni OAH	-	Parbat	Lions Club of Kushma	sweater	19	
31.	NA	-	Pokhara	UK Association	Cash (Rs 360,000)	30	
32.	OAH	-	Hetuada	Individual	Cash (Rs.200,000)	2	
33.	Himalaya OAH	-	Gongabu	Actors	Cash (Rs 75,000)	2	
34.	-	Elderly of Banke	Banke	Community	Free health camp	3	
35.	-	NA	Tanahu	Mahayagya (a religious ritual)	Cash(Rs 5,900,000)	5	

36.	-	Women or senior citizens Service center	Mahendranagar	Generous Individual (Former ambassador)	Cash (Rs 6o,ooo)	8	November
37.	-	Lone Elderly women	Dolkha	Himalaya OAH	Home	10	
38.	-	Elderly man	Dharan	DHERSEC and World Relief Australia	Sewing machine and money	14	
39.	Mai Bhagbati OAH	-	Illam	Individual	Food and warm cloths	12	
40.	Radha Krishna OAH	-	Pokhara	BiswoBikash Bank	Useful materials	22	
41.	Pashupati OAH	-	Kathmandu	Individual (businessman)	Cloths	27	
42.	Lions Sarvodaya Senior Citizen Home	-	Lamjung	Development for peace (U.K.)	Food	28	
43.	JesthaNagarik Ashram	-	Lamjung	Owen Nepali society	Cash (Rs. 50,000)	28	
44.	-	Poor elderly	Tanahu	Individual	Cash Rs 55,735	7	December
45.	-	Senior citizens of Annapurna VDC	Bhojpur	Individual	Blankets	15	
46.	Shree DivaySewaSadan OAH	-	Golfutar, Kathmandu	BikasPanta Memorial Trust	Blankets	16	
47.	Bed Vyas OAH	-	Tanahu	Generous People	Cash Rs. 8,000	16	
48.	-	Elderly of Pakari VDC and Shambhunath Municipality	Rajbiraj	Nepal Share	Blankets	19	
49.	Arogya Ashram	-	Kathmandu	Donor agency	Blankets	24	

Table 4: Efforts made to establish OAHs in 2014.

S.N	Name of OAH	Address	Effort made by	What effort	Status	When	Month
1.	-	Illam	Individual	Constructed building for OAH	Completed	20	January
2.	OAH	Dolakha	Janaachetan Savings and Credit Cooperatives of Kavre	OAH construction	Started	17	March
3.	OAH	Myagdi	NRN UK	OAH construction	Started	18	
4.	OAH	Biratnagar	NRN Australia	Collecting fund to build OAH	Planning	5	June
5.	OAH	Illam	Political leader	OAH construction	Started	19	July
6.	Patthivara Senior Citizens' Home	Biratnagar	NRN Australia	Invested Rs 50 million	Foundation laid	15	August
7.	OAH	Bhaktapur	Nepal senior people's society	OAH construction	All set	15	

8.	OAH	Kathmandu	SubasRegmi	-	Planning	24	December

Note: No news was reported in the months of February, April, May, September, October and November.

C. SOCIAL SECURITY

Table 5: Reason for difficulties faced in getting OAA

S.N	Where	Reason	When	Month
1.	Mahottari	Negligence of VDC secretaries	19	January
2.	Parbat	VDC secretaries and LDOs misuse social security allowance	25	
3.	Rajbiraj	Insufficiency of Social Security Allowance	3	March
4.	Birgunj	OAA misused by administration	4	April
5.	Banke	Difficulty to receive OAA	27	May
6.	Jajarkot	Misused of OAA	12	June
7.	Siraha	Misused by Secretary	12	
8.	Biratnagar	Negligence of VDC officials	11	
9.	Dhading	Monopoly of VDC secretary	3	July
10.	Parbat	Irregularities In distribution	11	
11.	Bajura	0AA money looted	18	
12.	Bhaktapur	SSA fund frozen	5	August
13.	Myagdi	Inconveniences to receive OAA	17	
14.	Biratnagar	Misused of SSA	1	October
15.	Makwanpur	Unable to receive SSA	16	
16.	Jajarkot	OAA misused	16	
17.	Nepalgunj/Surkhet	Distribution system (through bank)	10	November
18.	Bharatpur, chitwan	Distribution of SSA monitored weakly by DDC	15	
19.	Rajbiraj	Deprived of SSA	19	
20.	Jajarkot	Allowance for death	29	
21.	Dolakha	Distribution system (through bank)	15	December

Note: No news was reported in the month of February and September.

D. ELDERLY IN DEVELOPMENT

Table 6: Elderly contributing for societal development

S.N.	Age	Address	Contribution	Month
1.	90	Tanahu	Distributed sweater and caps	January
2.	76	Solukhumbu	Trekking Route	May
3.	90	Baglung	Donated land for school	June
4.	88	Gulmi	Donated all her property(land, house and Rs.1o,ooo)	August
5.	77	Terhathum	Supported landslide victims (cash Rs 50,000)	September
6.	67	Baglung	Gave relief money	October

Note: No news was reported in the month of February, March, April, July, November and December.

E. ACTIVE AGEING

Table 7: Elderly active in their personal/social life

S.N.	Age	Address	Actively involved in	Month
1.	80	Chitwan	Government Job	January
2.	100	Pokhara	Preserving culture	February
3.	78	Chitwan	Social service	
4.	82	Banke	Learning read and write	
5.	67	Dailekh	Studying	March
6.	90	Hetuada	Guarding restroom	
7.	82	Hetuada	Attending literacy class	April
8.	97	Kaski	Active	May
9.	85	Palpa	Porter	
10.	65	Rukum	Passed SLC exam	June

11.	82	Kapilvastu	Attending MA Classes	August
12.	87	Kathmandu	Published a book	
13.	85	Kathmandu	Published Autobiography	September
14.	73	Kalikot	Farming	
15.	65	Kailali	Studying at grade 12	
16.	71	Kaski	Job holder (Bird chaser)	
17.	86	Kathmandu	Published a novel	November
18.	60	Palpa	Farming	

Note: No news was reported in the month of July, October and December.

F. RIGHT

Table 8: Elderly and the citizenship certificate

S.N.	Age	Sex	Place	Status	Received from	Month
1.	77	F	Bara	Finally got CC	Chief District Office	September
2.	76	M	Okhaldunga	Finally got CC	Mobile Camp	
3.	91	M	Kathmandu	Finally got CC	Home ministry	November
4.	105		Jajarkot	Finally got CC	Mobile camp	
5.	84	F	Makwanpur	Finally got CC	Chief District Officer	December

NOTE: CC= Citizenship Certificate, No news was reported besides these month in the issue of senior citizens and citizens certificate.

G. ELDER ABUSE

Table 9: Elderly died of physical abuse in 2014

S.N.	Dead Due to Abuse						
	Age	Sex	Address	Reason	Culprit	Types of abuse	Month
1.	70	F	Surkhet	Burglary	Unknown	Physical	January
2.	60	M	Darchula	Personal dispute	Villager	Physical	February
3.	62	M	Baitadi	Personal dispute	Relative	Physical	
4.	65	M	Illam	Family dispute	Son	Physical	
5.	60	M	Dailekh	Family dispute	Son	physical	
6.	87	M	Surkhet	Unknown	Unknown	Physical	
7.	80	M	Kathmandu	Family Dispute	Son	Physical	March
8.	66	M	Tanahu	Family dispute	Wife	Physical	
9.	60	M	Sindupalchok	Unknown	Villager	Physical	
10.	67	F	Sankhuwasabha	Family dispute	son	Physical	April
11.	65	F	Dolakha	known	Nephew	Physical	
12.	60	M	Puthan	Property affaire	Neighbor	Physical	
13.	70	F	Damak	Unknown	Unknown	Physical	
14.	70	F	Kathmandu	Unknown	Unknown	Physical	
15.	75	F	Sankhuwasabha	Family dispute	Granddaughter in law	Physical	
16.	60	F	Morang	Family dispute	Son in law	Physical	May
17.	62	F	Sarlahi	Unknown	Youths	Physical	
18.	60	M	Dhanasa	Unknown	Neighbor	Physical	
19.	65	M	Bara	Property dispute	Son in law	Physical	
20.	60	F	Bara	Property	Son in law	Physical	

				dispute			
21.	68	F	Bara	Property dispute	Neighbor	Physical	
22.	65	F	Ramechhap	Property dispute	Daughter in law	Physical	
23.	64	M	Nuwakot	Dispute over water issue	Youth (villagers)	Physical	
24.	61	F	Lalitpur	Family dispute	Husband	Physical	June
25.	60	M	Bara	Unknown	Unknown	Physical	
26.	62	M	Saptari	Family dispute	Son	Physical	
27.	65	M	Parsa	Unknown	Neighbor	Physical	
28.	65	M	Kapilvastu	Unknown	Neighbor	Physical	July
29.	60	F	Gulmi	-	Known	Sexual	August
30.	65	M	Banke	Family affair	Grand Son	Physical	
31.	65	M	Banke	Family affair	Grandson	Physical	
32.	60	F	Salyan	Known	Villager	Physical	September
33.	70	M	Makwanpur	Personal affair	Villager	Physical	
34.	68	M	Bhojpur	Unknown	Villager	Physical	
35.	60	M	Lamjung	Personal affair	Villager	physical	October
36.	65	F	Kathmandu	Personal affair	Son	Physical	
37.	75	M	Arghakhachi	Personal affair	Grandson	Physical	November
38.	65	F	Rukum	N/A	Relative	Physical	
39.	62	M	Dolkha	Unknown	N/A	Physical	December
40.	63	F	Dolkha	Unknown	N/A	Physical	
41.	85	F	Kathmandu	Unknown	Grandson	Physical	
42.	91	F	Udayapur	Unknown	Grandson	physical	

Table 10: Elderly survived after physical abuse

S.N.	Dead Due to Abuse						
	Age	**Sex**	**Address**	**Reason**	**Culprit**	**Types of abuse**	**Month**
1.	73	F	Lamjung	Family affair	Son and daughter in law	Physical	January
2.	74	M	Makwanpur	Personal affair	Neighbor	Physical	
3.	68	F	Chautara	Witchcraft	Villagers	Physical	February
4.	80	F	Surkhet	Unknown	Unknown	physical	
5.	60	F	Ramechapp	Witchcraft	Villagers	Physical	March
6.	72	F	Sindupalchok	Family dispute	Son	Physical	
7.	62	F	Kavre	Dispute	Neighbor	Physical	May
8.	60+	F	Parsa	Witchcraft	Local policeman	physical	
9.	60	F	Baitadi	Family dispute	Son	Physical	
10.	71	F	Butwal	Raped	Neighbor	Sexual	July
11.	62	M	Kaski	Unknown	Unknown	Physical	August
12.	70	F	Makwanpur	Witchcraft	Villager	Physical	September
13.	68	F	Tansen	Witchcraft	Villager	Physical	October
14.	70	M	Janakpur	Property matter	Relatives	Physical	
15.	72	F	Rajbiraj	Witchcraft	Neighbor	Physical	November
16.	60	M	Banke	Personal affair	Neighbor	Physical	

Note: No news was reported in the month of April, June and December.

Table 11: Elderly victim of burglary

S.N.	Elderly Victim of Burglary				
	Age	Sex	Robbed for	Crime scene	Month
1.	80	M	Money+possessions	Nuwakot	March
2.	64	F	Money	Kathmandu	
3.	65	M	Money+possessions	Dang	
4.	65	M	Money+possessions	Kathmandu	June
5.	73	F	Money+possessions	Dolakha	
6.	71	M	Money+possessions	Kaski	July
7.	60	F	Money+possessions	Kaski	
8.	62	M	Money+possessions	Lalitpur	
9.	71	M	Money+possessions	Okhaldunga	
10.	60	F	Money+possessions	Rupandehi	September
11.	64	M	Money+possessions	Rupendehi	
12.	71	F	Money	Damauli	November

Note: No news was reported in the month of January, April, May, August, October and December.

H. NEGLECT

Table 12: No. of abandoned dead bodies found

S.N.	Abandoned Dead Bodies Found			
	Age group	Sex	Death of place	Month
1.	80	M	Makwanpur	January
2.	60	M	Kathmandu	
3.	70	F	Surkhet	
4.	67	M	Illam	
5.	65	M	Bhaktapur	
6.	70+	M	Sarlahi	
7.	64	M	Sindupalchwok	
8.	65+	M	Parsa	
9.	65	F	Kavre	
10.	75	M	Kathmandu	February
11.	60+	M	Lalitpur	
12.	60+	F	Kailali	
13.	65	M	Kanchanpur	
14.	71	M	Lalitpur	
15.	88	M	Gulmi	
16.	77	M	Lamjung	
17.	60+	M	Gulmi	
18.	60+	M	Palpa	
19.	70	M	Kathmandu	March
20.	60+	M	Kathmandu	
21.	62	M	Kathmandu	
22.	60+	M	Udayapur	
23.	60	F	Nuwakot	
24.	60	M	Kathmandu	
25.	65	M	Lamjung	
26.	60+	F	Terhathum	
27.	62	M	Janakpur	April
28.	61	F	Udayapur	
29.	60+	M	Kritipur	
30.	67	M	Gorkha	May
31.	62	F	Lalitpur	
32.	60+	M	Kathmandu	
33.	60	F	Kailali	June
34.	80	F	Makwanpur	
35.	60	M	Kathmandu	
36.	80	F	Makwanpur	

37.	87	F	Sarlahi	
38.	70	M	Makwanpur	
39.	70	M	Parbat	
40.	71	F	khotang	
41.	62	M	Lalitpur	
42.	60	F	Lalitpur	July
43.	75	F	Kanchanpur	
44.	70	M	Dang	August
45.	66	M	Baitadi	
46.	70	M	Gulmi	
47.	70+	F	Jhapa	September
48.	60	M	Udayapur	
49.	71	F	Sunsari	
50.	60	M	Lamjung	
51.	70	M	Dang	
52.	66	F	Nepalgunj	October
53.	78	F	Bhaktapur	
54.	62	M	Kathmandu	
55.	66	F	Salyan	
56.	60	M	Makwanpur	
57.	60+	M	Bara	November
58.	83	M	Rolpa	
59.	65	M	Taplejung	
60.	80	F	Shankhuwasabha	
61.	76	M	Morang	December
62.	72	M	Dolkha	

I. ELDERS IN CRIME

Table 13: No. of elderly found involved in unlawful activities

S.N.	Age	Sex	Address	Crime	Month
1.	65	M	Sankhuwasabha	Murder	
2.	68	M	Syangja	Murder	
3.	60	M	Makwanpur	Illegal possession of arms and weapons	January
4.	60	M	Parsa	Drug trafficking (hashish)	
5.	68	M	Hetauda	Rape	
6.	65	M	Hetauda	Rape	February
7.	60	F	Kapilvastu	Murder	
8.	71	M	Rupandehi	Sexual abuse	
9.	60	M	Jhapa	Rape	
10	60	M	Kathmandu	Forgery	
11.	65	M	Tanahu	Illegal possession of arms and weapons	March
12.	65	M	Gulmi	Rape	
13.	62	M	Kathmandu	Gambling	
14.	65	M	Hetuada	Rape	
15.	66	M	Morang	Rape	
16.	60	M	Bara	Smuggling	April
17.	70	M	Dhanusa	Smuggling	
18.	60	M	Taplejung	Fight	May
19.	68	M	Terhathum	Rape	
20.	70	M	Sarlahi	Sexual abuse	
21.	60	M	Parsa	Illegal possession of arms and weapons	June
22.	80	M	Sarlahi	Sexual abuse	July
23.	66	M	Bhojpur	Illegal possession of arms and weapons	
24.	86	M	Illam	Rape	August

25.	60	M	Surkhet	Murder	
26.	84	M	Birjung	Drug smuggling	
27.	68	M	Kathmandu	Rape	September
28.	65	M	Khotang	Rape	
29.	60	M	Kathmandu	Illegal trafficking of medicinal herbs	
30.	86	M	Illam	Rape	
31.	63	M	Bhojpur	Murder	
32.	62	M	Siraha	Illegal operation of MIOIP	
33.	61	M	Khotang	Rape	
34.	68	M	Hadikhola	Rape	October
35.	60	M	Rasuwa	Fraud	
36.	86	M	Kavrepalanchok	Rape	November
37.	80	M	Nuwakot	Rape	
38.	73	M	Dang	Rape	
39.	69	M	Jhapa	Physical harassment	
40.	63	M	Sankhuwasabha	Murder	
41.	65	M	Birgunj	Illegal possession of gold	
42.	63	M	Taplejung	Murder	
43.	73	M	Jhapa	Rape	December
44.	62	M	Makwanpur	Illegal possession	
45.	60	M	Siraha	Child marriage	
46.	65	M	Makwanpur	Illegal possession	

J. WINTER AND OLDER PEOPLE

Table 14: No. of older people died due to freezing in the various part of the country

S.N.	No. of Elderly Died	Age	Sex	Place	Month
1.	1	60	M	Birgunj	January
2.	1	65	M	Birgunj, Parsa	
3.	1	65	F	Saptari	
4.	1	75	F	Saptari	
5.	1	70	F	Siraha	
6.	1	77	M	Parasi	
7.	1	60	M	Mahottari	
8.	1	65	M	Jhapa	
9.	1	71	M	Udayapur	
10.	1	70	M	Bara	
11.	1	65	F	Rautahat	
12.	1	67	M	Illam	
13.	1	63	M	Dolpa	
14.	1	60	F	Rautahat	
15.	1	65	M	Morang	February
16.	1	65	F	Saptari	
17.	1	70	F	Sarlahi	December
18.	1	60	M	Siraha	
19.	1	70	M	Saptari	
20.	1	71	M	Rautahat	
21.	1	70	F	Parsa	

Note: No news was reported in the month of March, April, May, June, July, August, September, October and November.